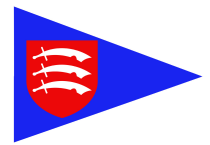


## ALEXANDRA YACHT CLUB SAILING PROGRAMME 2019

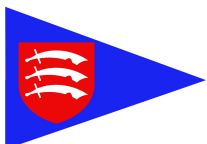


Event	Date	Start Time	High Tide	Tide Ht (M)
RYA dinghy show Alexandra palace	2 <sup>nd</sup> /3 <sup>rd</sup> Mar	N/A	N/A	N/A
Start of season shakedown	Sun 31 <sup>st</sup> Mar	08.30	10.10	4.6
Alexandra Bowl and Falcon challenge cup	Sat 6 <sup>th</sup> Apr	13.00	14.20	5.7
Canvey cruise	Fri 19 <sup>th</sup> Apr	10.00	13.20	6.1
Eddie green trophy and Wallis challenge cup	Sun 21 <sup>st</sup> Apr	12.00	14.50	6.0
Push the boat out day 1	Sun 5 <sup>th</sup> May	09.00	13.50	5.6
Evening Sail and social at the Alex	Fri 10 <sup>th</sup> May	14.00-19.30	17.10	5.2
Little havens charity open race Including Perpetual trophy for AYC	Sat 18 <sup>th</sup> May	12.00	13.00	5.8
Push the boat out weekender	Sat 25 <sup>th</sup> May Sun 26 <sup>th</sup> May	10.00 10.00	17.40 18.40	4.9 4.7
Fun sail	Sat 1 <sup>st</sup> June	09.30	12.10	5.3
Silver Jubilee goblet and Royal wedding cup	Sun 16 <sup>th</sup> June	11.00	12.40	6.0
RNLI charity open @TEYC fireball challenge cup for AYC	Sat 22 <sup>nd</sup> June	15.00	16.30	5.2
BYC Nore race Including Gizmo trophy for AYC	Sun 23 <sup>rd</sup> June	07.00	17.20	5.1
Bob Lister Cup and Welsh Cup	Sun 30 <sup>th</sup> June	09.30	11.30	5.2
Canvey cruise and camp over	Sat 6 <sup>th</sup> Jul Sun 7 <sup>th</sup> Jul	13.00 16.00	16.10 17.00	5.8 5.7
Evening race the Sparling Bowl	Wed 10 <sup>th</sup> Jul	18.30	19.40	5.3
Evening sail	Fri 12 <sup>th</sup> Jul	19.00	22.00	5.2
IOSSC Cruise	Sat 13 <sup>th</sup> Jul	08.00-20.00	10.40 23.00	5.1 5.3
Commodore's day and BBQ	Sat 20 <sup>th</sup> Jul	12.00	15.40	5.6
Allhallows cruise	Sun 4 <sup>th</sup> Aug	11.00	15.10	6.0
Evening sail	Wed 7 <sup>th</sup> Aug	16.00	18.10	5.6
Kate Caruzzi trophy club	Sun 11 <sup>th</sup> Aug	09.00	10.10	4.9
Ensor Cup weekend series 2 races Sat 2 races Sun	Sat 17 <sup>th</sup> Aug Sun 18 <sup>th</sup> Aug	12.00 12.30	14.40 15.20	5.7 5.7
Marobell Cup and Carr cup	Sun 1 <sup>st</sup> Sept	12.00	14.50	6.2
Bart's bash	Sat 14 <sup>th</sup> Sep	11.00	13.50	5.7
Matt dear trophy @ TEYC including the Whistler cup for AYC	Sun 28 <sup>th</sup> Sept	12.30	14.50	5.9

We hope to have ad-hoc events throughout the year when the weather is favourable. Please communicate with other members via our WhatsApp group. If you wish to be included in the WhatsApp group, please email [sailing@alex yachtclub.co.uk](mailto:sailing@alex yachtclub.co.uk)

For information on other sailing and social events coming up please check our facebook page and website:

[www.alex yachtclub.co.uk](http://www.alex yachtclub.co.uk).



# SAILING INSTRUCTIONS 2019

## 1. RULES

Races will be governed by the *rules* as defined in the *Racing rules of sailing 2017 - 2020*

## 2. DISCLAIMER OF LIABILITY

A boat is entirely responsible for her own safety, whether afloat or ashore, and nothing, in the notice of race or sailing instructions or anywhere else, reduces this responsibility.

It is for the boat to decide whether she is fit to sail in the conditions in which she will find herself. By launching or going to sea the boat confirms she is fit for those conditions and her crew is competent to sail and compete in them.

Nothing done by the organisers can reduce the responsibility of the boat, nor will it make the organisers responsible for any loss, damage, death, or personal injury, however it may have occurred, as a result of the boat taking part in racing. The organisers encompass everyone helping to run the race and the event, and include the organising authority, the race committee, the race officer, patrol boats, and jetty masters.

The provision of patrol boats does not relieve the boat of her responsibilities.

## 3. CONDITIONS

The owner/competitor shall be responsible for ensuring that all relevant fees, as decided from time to time by the management committee, are paid before the start of a race. Failure to do so will result in disqualification.

All boats must have, where appropriate:

- i. A current class certificate
- ii. A current buoyancy certificate
- iii. A valid policy of insurance with third party cover of at least £2 million

## 4. SAFETY

Boats cruising or racing from the AYC **MUST** carry suitable safety equipment. **Everybody MUST** wear a buoyancy aid or lifejacket when on or near the water **AT ALL TIMES.**

### USEFUL CONTACTS

#### **AYC: -**

[www.alex yachtclub.co.uk](http://www.alex yachtclub.co.uk)

email: [ayc@alex yachtclub.co.uk](mailto:ayc@alex yachtclub.co.uk)

**Southend Police Station: -** 01702 431212 (non emergency)

**Essex Marine Police: -** 01621 782121 (Land Line) 07850 706072 (Mobile)

#### **Coastguard: -**

Shoeburyness (weekends only) 01702 292275 (Land Line)

Thames Coastguard (24hrs) 01255 675518 (Land Line)

**Southend Hospital: -**01702 435555 (switchboard)

#### **Weather Info: -**

Marine Call

(Gibraltar Point to North Foreland): - 09068 969645

(all UK Waters): - 09068 969640

In case of emergency on the foreshore give a postcode SS1 1EE